

Creativity, Activity and Service (CAS)



Learning beyond the classroom

What is CAS?

Creativity, Activity and Service (CAS) is a core part of the IB Diploma Programme. It encourages students to grow as individuals, develop new skills, and engage with their community.

At International School Brunei, students must:

- Maintain a balance of CAS experiences across 18 months
- Work towards the seven learning outcomes through regular reflections on **ManageBac**
- Complete a CAS Project – a collaborative, sustained experience (at least one month) that challenges students to plan, problem-solve, and work as a team



Why it matters

CAS is an integral part of the IB Diploma Programme. It helps students develop soft skills and personal qualities linked to the **IB Learner Profile**.

- ✓ Learn by doing
- ✓ Develop resilience, empathy, and leadership
- ✓ Make a positive impact in their school and community

How CAS works at our school

Every experience follows a simple process:

1. Student idea
2. Proposal on ManageBac
3. Approval by Tutor
4. Reflection on the experience



In addition, students will have three official interviews with the CAS Coordinator, spread throughout the 18 months, to evaluate their progress.

The three strands of CAS

CAS is made up of three interconnected strands. Below are just some examples of the types of experiences students may choose:

Creativity

- Music, drama, or art projects
- Coding or robotics
- Creative writing or debate

Activity

- Team or individual sports
- Yoga, hiking, or fitness training
- Dance or outdoor challenges

Service

- Volunteering in the community
- Peer tutoring or mentoring
- Environmental or social projects